

October reflection

During the months we've not had meetings, there's been a lot going on in our world. We've entered a new way of life with masks, social distancing reminders of hygiene and Zoom.

I dare say our world came to a halt. We had stay at home orders, no place to go (even church). We missed family and events. We missed seeing people's smiles and hugs as well as giving them. Life became more centered. It's a time to prioritize.

I turned to the lyrics to this song

In the Land There is a Hunger.

In the land there is a need.

Not for the taste of water.

Not for the taste of bread.

In the land there is a hunger.

In the land there is a need.

For the sound of the word of God upon every word we feed.

What do you hunger for today? Where has God led you to satisfy your hunger? Has God invited you to pray reflectively about your life as it is now? Are you being called into a deeper relationship with God?

Let's think about what's made us happy during this time of pandemic. Loved one's, friends, home, nature – all are more precious, especially with God's relationship coming first.

We hunger for; love, intimacy, belonging, health, peace, justice, happiness and security in our world. We've been brought down to the basics. St. Ignatius suggests that we need to spend time with hunger. Stay with it and learn from it.

Where does this soulful hunger come from? We are meant for God, and God is meant for us. We will find satisfaction in the heart of God. God longs to be in unison with us.

When we are in unison with God, others see this. We can encourage them. It takes trust and sharing as we do with associates. It's not easy, but we've all been brought to a level playing field during this time. We have a gift we've been given that we can share. How can we feed ourselves so we can be of service to others?

During reflection time,

What most moves my soul?

How do I satisfy the longing of my soul? Where do I seek happiness?

Prayer time

Sharing

Closing prayer

Prayer for Spiritual Communion

Closing Song "Beyond the Moon and the Stars"