



*“May we dedicate ourselves prayerfully and actively to banishing violence from our hearts, words, and deeds, and to becoming nonviolent people and to building nonviolent communities that care for our common home.” – Pope Francis*

Dear Sisters and Associates,

Compelled by these words of Pope Francis and our ongoing commitment to prayer, greater awareness and action regarding violence that threatens fullness of life, we welcome your participation in a Zoom session. At this event, invited speakers will help us reflect on nonviolence and hope.

When: November 14  
9:00 – 10:00 AM (EST) **OR** 7:00 – 8:00 PM (EST)

Presenters (prerecorded for this event):

- **Nancy Small** – spiritual director, former national coordinator with PAX Christi USA, and author of *Seizing Nonviolent Moments: Reflections on the Spirituality of Nonviolence*, who will give input on the spirituality of nonviolence, **and**
- **Rev. Normand Provencher, OMI** – theologian and author who will share a meditation on nonviolence leading to hope (morning meeting)
- **Sr. Lorraine St. Hilaire, SNJM** – retreat director and congregational leader who will share a meditation on nonviolence toward nature (inspired by Laudato Si) leading to hope (evening meeting)

To register for this gathering for input and prayer, please click this [link](#) and complete the simple form by November 1.

We look forward to this special time with you.

In communion,  
Suzanne, Gail, Monique and Carmen